

Leading with GRIT



Inspiring Action and Accountability with Generosity, Respect, Integrity, and Truth

by [Laurie Sudbrink](#)

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Improve yourself – and your workplace – with GRIT

Leading With GRIT is a practical and proven guide for transforming the workplace, offering pragmatic insight on value-based strategies that improve the individual and the business. Based on the author's proprietary principles of GRIT – Generosity, Respect, Integrity, and Truth – this book describes how working toward individual improvement produces better organizational results than traditional approaches that focus on collective improvement. Readers are introduced to GRIT with a framework that can be applied in any workplace scenario, and are provided with strategies for applying GRIT to communication and intra-office operations. Each chapter includes activities that assist with implementation, moving beyond the theoretical framework commonly taught in business school to provide a more practical approach to personal development.

The principles of GRIT are exactly the sort of instruction leaders are encouraging, and companies worldwide are willing to invest large sums. The approach stands out for its unique, personal approach that melds values-based principles with business concepts to produce spectacular results. This book is the complete guide to GRIT, with an emphasis on practicality.

- Learn why the principles of GRIT have proven so effective
- Apply GRIT in communications for better productivity
- Discover how each person impacts those around them
- Cultivate a positive, constructive attitude for less stress and more growth

GRIT helps readers make themselves and their workplaces happier and healthier, decreasing stress, sparking personal growth, retaining employees, and developing mindful leaders. In essence, Leading With GRIT is a handbook for improving the bottom line by improving the lives and outlook of those who contribute to it.

Free chapter

Contents

Book presentation

Keywords

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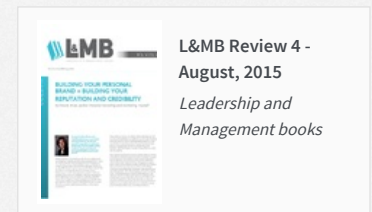
Geographical area – Relevance

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About the author

Laurie Sudbrink is the founder and president of Unlimited Coaching Solutions, Inc. Her proprietary system of GRIT® (Generosity, Respect, Integrity, and Truth) has inspired tens of thousands of participants to take control of their own happiness and productivity at work ...

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